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Cover photos by
SrA. Robert Gerlach

Editorial staff

Col. Doug Richardson	48th Fighter Wing commander
Capt. Patrick Ryder	Public affairs chief
TSgt. Mary McHale	Public affairs NCOIC
SSgt. Scott Davis	Editor
SrA. Lisa Krebs	Assistant editor

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<http://www.lakenheath.af.mil/current/jet48.htm>

Driving under influence can be costly

By SrA. Brian Harness
493rd Fighter Squadron

I received a DUI Sept. 14 at 1:45 a.m. on a Sunday in a nearby tourist town. I had four pints of beer at a pub between 7:30 and 11:30 p.m., and then had two cokes before leaving at 1:30 a.m. I thought I would be OK to drive 1 1/2 to 2 miles to my girlfriend's house that I was staying at for the weekend. My girlfriend asked me if I was OK to drive, I said I was fine, and I really didn't want to leave my car there. On my way to my girlfriend's house I stopped at a red light and turned left which is not legal. I had only been driving in Britain for a little over four months. I thought since right on a red light in the United States is legal that left at a red light was legal as long as no cars are coming, but I was wrong.

The British police pulled me over and asked me why I drove through a red light, and I explained why I thought I could turn left on a red. Then they asked me if I had anything to drink that night, and I said I had two or three earlier and my girlfriend's house was only a few blocks away. The police gave me a breathalyzer test. The reading was .148 and the British limit is .08. I went to court the

next day and received a 12-month driving suspension, £300 fine, plus a £40 court cost. A 12-month driving suspension and a £300 fine is the minimum penalty, and can get as high as 36 months driving suspension and a much higher fine for a first-offense DUI in Britain. They took my license and I paid the full amount before I left the courthouse that day.

I had never had anything worse than a minor speeding ticket before this incident, and no driving violations since September 1991.

With the Christmas holidays getting closer, DUIs become more common. The police enforce drinking and driving more during this time than any other time of the year.

One very important thing to remember: most of the beer in Britain is much stronger than American beer. So if you're going to drink, have a designated driver or some other means of transportation. It's not worth the risk of losing your job, driver's license, or hurting yourself or someone else, not to mention paying high fines and your insurance rates becoming extremely high for many years to come.

The bottom line is, if you're going to drink, don't drive. It's not worth the risk.

Action lines

The Action Line is your direct link to me for complaints, suggestions, or comments. It's not intended to replace the chain of command. When normal command and agency channels haven't been able to resolve your concerns, call (Ext. 2324), fax (Ext. 5367), e-mail (Action_Line), send through distribution (48FW/PA), mail (48FW/PA, Unit 5210 Box 215 APO AE 09464-0215), or hand carry your Action Line to the public affairs office (Bldg. 1085). You may remain anonymous; to receive a reply, leave your name, unit, duty or home phone number, and full APO mailing address. Names are confidential.



48th Fighter Wing commander

Thanks for superb care

A few months ago my husband and I had our first baby. You can only imagine our excitement, but still there was this sense of not knowing exactly what we were to do with our new edition or how. That is why we would like to extend our warmest thank you's for the professionalism of the staff at RAF Lakenheath. Throughout our pregnancy the ob/gyn staff were always quick to answer any questions I had, and if they didn't know they made sure they found out no matter what it took. Sometimes that meant transferring our call to the labor and delivery staff who promptly helped us. If we seemed the slightest concerned they would have us come in. Not only to comfort me, but themselves as well. No matter how busy they were they always had time. When the moment came

when I was to give birth, the attention and caring we were given by the combined staff at labor and delivery and the maternity ward was unbelievable, to say the least. There was always someone there to answer any questions we had and they were always there to make sure I was as comfortable as possible. As first time parents you hear thousands of horror stories of how bad it was or how slow the staff was in helping, or a common phrase, "It was the worst, I'll never do that again!" Well I guess we were some of the luckiest "first timers" because our experience was, in certain terms, enjoyable. Once our 9-pound 4-ounce boy was delivered the maternity ward put the finishing touches into place. A special thanks to Col. William Hamilton, Lt. Col. James Decker, Maj. Scott Hagen, Maj. Rhonda Perry, Capt. Gwendolyn McKay, Capt. Bethany McEvoy, Capt. April Quillin, Capt. Sharon Solomon, and all the airmen that helped support them and us.

AIC Shelena Maguire and family

Thank you for the kind words of recognition and appreciation that you have voiced for the care which you and your family received during your recent delivery at the 48th Medical Group. Our 750 "Cut Above" medics work as a team every day to provide the best service possible to our overseas beneficiaries. Your call reinforces and encourages our ongoing commitment to excellence.

Good Sam Drive helps others during holidays

By CMSgt. Jim Calcutt
48th Fighter Wing senior enlisted advisor

It's hard to believe the holidays are quickly approaching. It won't be long before we're wrapped up in the hustle and bustle the Thanksgiving-Christmas holiday season brings. Although we'd like to believe that this is a joyous, happy time of the year for everyone, the fact is that's not always the case. There's a segment of our community that, without our help, will not have the type of holiday season we all hope for.

Next week, the community will kick off its annual Good Sam Drive. Last year, the First Sergeants Association was able to help 186 families with Thanksgiving food baskets and checks totaling \$2,780. The Christmas effort totalled \$9,120.

Beginning Oct. 28, Liberty Wing members will man a food collection booth in front of the commissary; the food drive will end Nov. 20. We'll be collecting food for food baskets to go along with a check from the Good Sam Fund to purchase a turkey or ham.

The First Sergeants Association annual bell-ringing appeal will be in front of the Main Exchange Nov. 28 through Christmas Eve. We'll be relying on everyone in the RAF Lakenheath, RAF Feltwell and RAF Mildenhall communities to help us make this year's appeal a huge success. We'll use the money we collect to provide families checks that can be used to purchase food at the commissary.

We need the community's help. First, we hope that everyone gives generously to the food drive and the Good Sam bell-ringing appeal. Second, if you have some spare time and would like to help us collect food or ring the bell, don't hesitate to contact your unit's first sergeant. Believe me, we can use everyone's help. Last, and most important, if you know a family that needs help during the holidays, make sure you contact your unit's first sergeant or the 48th Fighter Wing senior enlisted advisor. We'll make sure that family is added to the list and is taken care of. All information pertaining to recipients is strictly confidential.

Our Good Sam Program is one of the most important people programs we have at Lakenheath. Again, I sincerely ask you to dig down deep and do all you can to help some of our own to have an enjoyable holiday season. With your help this will be the best holiday season ever.



To the Men and Women of the Air Force

As I begin my tenure as the Chief of Staff, I, along with my wife Jane, look forward to the challenges ahead. We are honored to have the opportunity to represent the men and women of the greatest air and space force in the world.

We, the Air Force, will remain absolutely committed to a full partnership in America's joint military team. The capabilities we provide come from a well trained, well equipped, and seamlessly organized force. The strength of this force has always been, and will continue to be, our people—the active duty, guard, reserves, and civilians who make-up the Air Force family. Our people are the strength of our past and the foundation of our future. You, the men and women of the our Air Force and your families, have our total commitment.

I look forward to serving with you as your Chief, as we take the best air and space force in the world into the next century.


MICHAEL E. RYAN
General, USAF
Chief of Staff

The strive for continuous improvement

By SrA. Patricia Doerr
48th Fighter Wing manpower and quality

National Quality month is an annual public awareness campaign that encourages individuals and organizations to focus on the importance of quality and continuous improvement. This campaign has been running since 1984 with a joint resolution by Congress and a proclamation by President Ronald Reagan.

"A commitment to excellence in manufacturing and services is essential to our nation's long-term economic welfare. Quality in manufacturing and services will con-

tribute to increased productivity, reduced costs and consumer satisfaction." (Ronald Regan, NQM 1984).

During October, organizations in manufacturing, health care, government, education, and services hold special events that emphasize the importance of quality. The Liberty Wing manpower and quality office has publicized this campaign at the shoppette and base post office, and will be at the post office again Wednesday. Hand-outs include an office pamphlet, Air Force process improvement guides, quality articles, and other useful information for members of the Liberty Wing.

For more information, call the manpower and quality office at Ext. 3224.



Turn your clocks back!
British Standard Time begins.
Set clocks back one hour Sunday morning
at 2 a.m.

Principal receives distinguished award

By SrA. Lisa Krebs
Public Affairs

Sixty of the nations most outstanding elementary and middle school principals gathered together Sept. 26 in Washington, D.C., to receive the 1997 National Distinguished Principals award from the U.S. Department of Education and National Association of Elementary School Principals. These 60 were picked from schools in every state from the United States, some private schools affiliated with the NAESP, and American schools overseas.



Photo by Amn. Joseph Lozada

Ed Drozdowski

RAF Lakenheath Elementary School Principal Ed Drozdowski was among those being honored. Drozdowski, who arrived to En-

gland in August, was nominated by the Department of Defense Dependents' School Italy District. Enroute from Italy to England and busy with making preparations for a cross-continent move, he learned he'd won the award and would be flying to Washington D.C. in September for the presentation.

"I had a kind of subdued reaction. I had been busy planning a move and had finished building a new school in Naples," said Drozdowski.

"I didn't realize the entire importance of it all until I got there. I was kind of humbled," he explained.

One thing Drozdowski noticed, however, was the similar grain of creativity and the willingness to move forward and take on challenges that his fellow nominees exhibited.

"It's the true quality of leadership," he explained.

His contributions toward bettering education for children showed in the initiatives he'd taken in Italy.

"We took a good school and made it better. We had developed a team-approach aimed at helping at-risk kids improve. The key component was parents' involvement. We also worked to improve the daily technology available," he explained.

"We also built a new school in Italy. A \$35 million dollar elementary school built from the ground up that opened this year. I never got to see it opened, but it's a good school."

"We" is key to success, Drozdowski said. "This isn't just an award for me, it's an award for the entire school and community, including the kids and parents. It's an honor for all of them. You can't do this without support. I firmly believe that."

Drozdowski brings with him from Italy his personal philosophy: "Tell me, I forget; Show me, I remember; Involve me, I understand."

"My job is to provide an atmosphere that lets the teachers teach and the kids learn. It sounds pretty simplistic."

With three children in the school system here, Drozdowski has somewhat of a vested interest in the school's success.

"I want things to be done right, and this is a good system," he said. "I believe that. If I didn't, I wouldn't be here. I'm looking forward to working here. I've got a great support team behind me."

Meeting the other nominees also made an impact, according to Drozdowski.

"Listening to what some of the others did, I hoped I could give as much."

Reading list enhances professional development

A reading list for enlisted people is now part of the Air Force chief of staff's professional reading program. It joins a previously released officer reading list in a program to enhance the professional development of Air Force members.

CMSAF Eric W. Benken, along with the Air Force History Support Office and senior enlisted leaders, helped the chief of staff identify books on the enlisted reading list. The goal is to broaden the perspective of enlisted members while fostering the growth of an air and space culture throughout the service.

The result is a list of eight books divided into basic, intermediate and advanced levels. These correlate to the different stages of an enlisted member's career. Selected volumes address Air Force doctrine, history, enlisted heritage, combat experience and leadership.

"This is a great initiative that will help us provide the Air Force with the best possible enlisted leaders and supervisors," Benken said.

"Reading and discussing the books we've chosen in professional military education classes will enhance our troops' appreciation for our service heritage and its air and space capabilities."

CMSgt. Jim Calcutt, 48th Fighter Wing senior enlisted advisor, echoed similar thoughts about the list.

"I welcome the enlisted reading list that has been incorporated into the Air Force Chief of Staff's professional reading program and believe it's a huge step forward in the drive to preserve enlisted heritage and history," he said.

Starting this month, the books on the enlisted reading list will be incorporated into the curriculums of Airman Leadership School, Noncommissioned Officer Academy and Senior NCO Academy. The chief of staff has approved Benken's proposal to issue the books to students free of charge to become part of enlisted members' personal professional libraries. The list can be found on the Air Force home page at [http://www.af.mil:80/lib/csafbook/](http://www.af.mil:80/lib/csafbook/index.html)

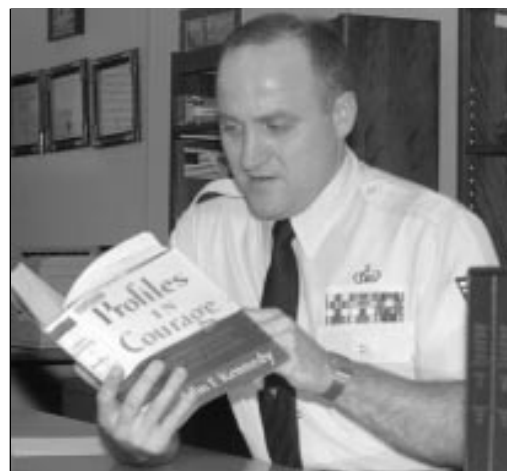


Photo by SSgt. Scott Davis

TSgt. Robert Davis, Airman Leadership School faculty advisor, looks at a copy of Profiles in Courage by John F. Kennedy, one of the books on the chief of staff professional reading program list.

[index.html](http://www.af.mil:80/lib/csafbook/index.html).

Members of the Air Force History Support Office are working on buying and distributing the books on the enlisted reading list.

The books should be available soon for checkout at base libraries across the Air Force. The Army and Air Force Exchange Service will also have most of the books available to buy through base exchanges, similar to what has been done for books on the officer reading list.

"I encourage every enlisted person to read the books that have been included on the list," Calcutt said. "They provide an insight into many areas of our Air Force that will ultimately enhance how well our enlisted corps takes on the challenges it's certain to face in the future. It's difficult to know where we're going if we don't know where we've come from; I believe the reading list will prove to be a valuable leadership tool for our enlisted corps."

'Operation Nighthawk' assists Halloween safety

More than 108 people from RAF Lakenheath, RAF Feltwell and RAF Mildenhall are making Halloween safer throughout base housing areas Oct. 31 as part of Operation Nighthawk.

The all volunteer force will act as patrol augmentees to the 48th Security Forces Squadron in military housing areas as children trick or treat.

"This operation is important because of the children," said SrA. Regina Wilson, 48th SFS, crime prevention manager. "This is a chance for the base communities to come out and ensure the safety of our children as well as have fun."

During the two hours, adults will be assigned an area of housing to patrol,



SrA. Regina Wilson

they'll wear reflective belts or vests, carry flashlights and have access to radios linked with security forces, who will also patrol.

"We want the children to have fun and remain safe on Halloween," Wilson said. "We also want parents and children to know that volunteers are out there. We also want them to know that children should go to a volunteer if they need help for anything."

The following safety tips are provided by the 48th Support Group:

- ❑ Ensure children heed the designated hours of 6 - 8 p.m. for trick-or-treating. Do not trick or treat earlier or later.
- ❑ People who have treats to distribute will have their outside lights on. Do not approach a house without its lights on.
- ❑ Safety is paramount. All young children should be escorted by parents with particular care taken crossing the street, especially Lords Walk.
- ❑ Dark costumes should have appropriate reflective material to ensure visibility.
- ❑ Parents should check the suitability of candy before children consume it.

Halloween activities

Halloween hours are 6 - 8 p.m. Oct. 31.

❑ The Great Pumpkin Carnival is from 5 - 8:30 p.m. Oct. 31 at the RAF Feltwell Elementary School. Open to the military community. Includes a haunted house.

❑ A "Hallelujah" party from 6 - 8 p.m. Oct. 31 in the chapel annex. No scary costumes allowed. Families are asked to donate two bags of candy by Wednesday. Call Ext. 3711 for more information.

❑ An adult Halloween party at 6 p.m. Oct. 31 in the officers' club. For more information, call Ext. 3636.

❑ A Halloween party from 10 p.m. to 2 a.m. at the Liberty Club. For more information, call Ext. 3869.

ADs

Goal day

Oct. 31 is a 48th Fighter Wing goal day by order of Col. Doug Richardson, 48th FW commander. All nonessential military personnel have the day off. A liberal civilian-leave policy will be in effect.

Awards luncheon

The 48th Fighter Wing quarterly awards luncheon is 11:30 a.m. Nov. 13 in the officers' club ballroom. Cost is \$7 per person and attire is uniform of the day. For more information contact your unit first sergeant.

Armed Conflict briefings

Makeups of the Law of Armed Conflict briefings are 3 p.m. Nov. 14, 7 a.m. Nov. 20 and 9:30 a.m. Nov. 21 at the base theater. For more information call SSgt. Nancy Bartels at Ext. 1302.

Awards approved

The Armed Forces Service medal is approved for U.S. military personnel who participated in or directly supported Operation Joint Guard. The award is effective Dec. 20, 1996 through an undetermined date. The area of eligibility doesn't include areas outside former Yugoslavia and Hungary. Personnel must have provided direct support and been assigned TDY in the eligible areas for 30 consecutive days or 60 nonconsecutive days, or must have participated for at least one day as a regularly assigned crew member of an aircraft flying into, out of, within, or over the areas of eligibility. Eligible members must submit a copy of their travel vouchers to unit orderly rooms for verification.

The Joint Meritorious Unit Award and the Humanitarian Service Medal for Operation Pacific Haven are approved for U.S. Armed Forces personnel assigned to Joint Task Force Operation Pacific Haven to assist in the evacuation of Kurdish and Iraqi

refugees. Periods of eligibility are Sept. 15, 1996 - April 30, 1997. Participants must have been present during this time and directly participated for 30 days or more for the Joint Meritorious Unit Award, or at least one day for the Humanitarian Service Medal at Anderson AFB, Guam. Participants must have been assigned and or attached by official orders to the joint unit or task force before receiving the Joint Meritorious Unit Award as individuals or as members of an assigned or attached unit. Members eligible to receive either or both awards should report to the awards and decorations office at military personnel center and provide a copy of supporting documentation.

For more information call SSgt. Dale Matlock at Ext. 3717.

Report foreign gifts

The holiday and PCS seasons are quickly approaching and that can mean gift exchanges and presentations.

When foreign governments or their representatives give gifts, Air Force military and civilian employees must report them, according to Air Force Personnel Center officials at Randolph AFB, Texas.

Public law and Air Force Instruction 51-901, Gifts From Foreign Governments, require military and civilian personnel to report the gift or combination of gifts received at one presentation if the total value exceeds a U.S. retail value of \$245, personnel officials say.

This requirement includes those presented to family members and gifts that recipients wish to keep for official use or display. Reports are due to AFPC within 60 days of receiving the gift. Mail reports to: HQ AFPC/DPPPRS, 550 C Street West, Ste. 12, Randolph AFB, Texas 78150-4714.

Failure to report gifts worth more than \$245 could result in a fine of the retail values of the gift plus \$5,000. For more information call the staff judge advocate office at Ext. 3553. (AFNS)

Surety inspection puts 48th SFS to the test

Capt. Patrick Floyd, (l), and Capt. Eric Hoxie, (r) 48th Security Forces Squadron shift leaders, discuss recapture tactics during a scenario in the joint surety inspection.



Photo by TSgt. Sam Shore

Liberty Warrior

'Can do' person of the week



Photo by SrA. Robert Gerlach

TSgt. Carl Brown 48th Medical Support Squadron

Hometown: Kansas City, Mo.

Time in service: 16 years

Time on station: Two and a half years

Role in mission: Diet-therapy specialist

Hobbies: Disc jockey at parties, sports, playing cards and teaching the game of dominoes to others.

Favorite movie: "Goodfellas"

Favorite book: "The Godfather"

Favorite color: Blue

How do you contribute to the wing mission? As NCOIC of my department, I ensure we provide nutritious meals and quality service to all patients, staff and visitors.

What advantages are there to being stationed here? Excellent opportunities to travel and view various parts of Europe.

If you could be or do anything, what would it be? I would own a well-known food service establishment that I built from the ground up.

What do you want your children to be when they grow up? I want them to be successful at whatever destiny they choose.

Who is your favorite leader in history and why? Martin Luther King Jr. because of his persistence to achieve equality for all men.

If you could live in any period of history, when would it be? Why? I would like to relive the 1970's, when gang violence, heavy drug use and AIDS were not always the main topics of life.

What's your favorite region of the United States and why? The west coast, because the climate is warmer for a longer period of time which leads to more outdoor fun.

What would you do to make things better at RAF Lakenheath? Create an additional store dedicated to nothing but providing a large variety of clothing.

Don't be a sponsor horror story

Editor's note: This is an anonymous article written by a Liberty Wing member who has a bad sponsorship experience.

Sponsors set the scene for newcomers.

People who have a good sponsor have a good feeling about the base and the job they're moving to.

Conversely, people who have a bad sponsor may never be able to look at their new base in a good way.

I know my experiences have definitely colored the way I look at RAF Lakenheath. I can only hope that no one has a sponsor who "helps" the way mine did.

I arrived in London on the last weekend in May. It was Saturday, which meant I had three days to get used to the area before I had to report to work and in-process. My sponsor picked me up from the airport. We were off to a brilliant start.

After arriving in the area, he drove me around and pointed out important places on Lakenheath such as my office and the commissary.

We then drove to Mildenhall, where I was going to be staying. After helping me carry my bags into my room, he said there was a shopette and a bank "over there" and pointed. Then he dropped £3 on the bed so I could make some phone calls and left. I didn't see him again until he gave me a ride into work Tuesday morning.

I have never felt so lost and abandoned in my life.

I didn't even know how many "p" (whatever those were) were in a pound.

My sponsor also said he was good with cars and could help me choose one that would fit my budget and needs. I am no expert in cars, but after my experience with the lemon I bought on his advice, I learned a lot. For one thing, I'm pretty sure I could spot a muffler kept together with adhesive and cardboard – something my sponsor couldn't do.

My husband had an even worse time when he arrived here. He was never able to speak to his sponsor before his arrival. He didn't even know which squadron orderly room to report to. He didn't know where he'd be working or what his job would entail.

After arriving, he was expected to start work the day after he flew in, since his office was short-manned. This gave him little time to take care of personal details.

He explained all of this in his sponsor critique at a newcomers' briefing. As a result of that critique, his sponsor was raked over the coals by his commander. By this time, the proverbial "they" had decided that my husband would be more useful in another unit. His sponsor called and yelled at my husband for getting him in trouble with his commander and making him lie so he wouldn't have to get in trouble.

That is my sponsor horror story. Having a sponsor

that couldn't or wouldn't help us help us in my mouth for my job, office and the color your entire outlook for your town does. Sponsors should make sure about their newcomer's needs.

I am not the only person who's experience with a sponsor. Here are some people who have had problems with

"I still have yet to receive a copy from my sponsor instead of me handing it down."

"My boss made me go to work right after not complete in-processing until my arrival."

"I have been here eight days and my sponsor once."

"This is my first Air Force assignment away from home. A good sponsor would help me adjust."

Again, keep in mind the newcomers are trying to make their move smooth. Children, give them information about child care. If they want a large house, information about one that meets the point of being a sponsor is to take care of make their transition easier.

Good sponsors have lasting effect on people

Editor's note: This is an anonymous article written by a Liberty Wing member who has a good sponsorship experience.

What would I have done without my sponsor? I was single, going to a place I was completely unfamiliar with and didn't know a soul, without a car or a way to get to the base.

I wasn't worried about getting to the base though. I had spoken to my sponsor who said she'd pick me up. The plane was on time, and she was there. She had been there for a while, in case I arrived early.

She took me to base, and had billeting arranged for me. When I went into the room, I found a basket with food waiting. She gave me her home and work phone numbers and gave me some time to relax and unwind.

It was a weekend. I couldn't do anything about settling until

Monday, and had nothing to do. But, that didn't last long.

My sponsor offered to take me shopping. She was going and knew I had nothing better to do. She showed me the local area and gave me other basic information. Over the weekend, she took me to a local fair, and offered to pick up any necessities I might have forgotten.

Monday, she took me to the office, introduced me to everyone, and ensured everything was taken care of.

One week after I had arrived, I was in a dorm room, wondering what happened to my shipment that had left three months prior. My sponsor made several phone calls and discovered the problem – a strike. She gave me an old television for my dorm room, some better blankets, and a lecture, saying if I needed anything, I should talk to her. This included a shopping trip to purchase items I needed.

A few weeks later, I realized I needed a car. To get to a place that sold cars, I needed a ride. My sponsor made sure she had time to take me car shopping.

What did she do that made her such a great sponsor? She met me at the airport. She didn't seem inconvenienced to be there on her day off. She took me to get something to eat. Her treat.

On the weekend, she thought about me. She showed me around the local area and made sure I had everything I needed. By going out of her way, she was telling me that I wasn't just an additional duty.

Taking people car shopping is something sponsors should do. Doing it in a cheerful manner, making sure I knew the reputations of all local dealers, and recommending places to get the cars checked out were welcomed extras.

And the television and blankets? An act of kindness that made me feel that my comfort, along with basic needs, would be taken care of.

It's bad enough being in a new place and having to depend on people you've never met. It's worse when you feel the person who you depend on doesn't want the burden of helping you. That's why sponsors like the one I had are so important.



SSgt. Chris Gauthier, base training NCOIC, helps SrA. Lhonthiacha Lane, 48th Communications Squadron, pick out a house at the base housing office.

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Photos by SrA. Robert H. Gerlach

Sponsors should go out of their way to be helpful to newcomers so they don't feel left out in the cold.

Top 10 good sponsor tips

1. As soon as you're appointed as a sponsor, contact the inbound party. Make sure you are able to handle their needs.
2. Immediately mail out a base INTRO packet. Include a personalized cover letter with the following items: your e-mail address, work and home phone numbers, the 48th Fighter Wing web page address (<http://www.lakenheath.af.mil>) and suggest they go to their family support center to view the 48th FW SITES file and video.
3. Secure a post office box and make billeting arrangements.
4. Continue to initiate contact. Don't expect him or her to call you for help.
5. As their report date nears, find out when and where they will arrive. If you are unable to meet them, find a replacement.
6. Meet the newcomer. Be on time and be positive.
7. Go to billeting to help them check in. If the room is not ready, do something to occupy their time. Stay with the person until room arrangements have been cemented.
8. Spend time with the newcomer. Take a driving tour of the base and the local area and meet for dinner.
9. Once the newcomer receives their 3rd Air Force drivers' license, help them obtain transportation.
10. During the seven-day INTRO schedule, continue to check in with the person. Make sure their entire transition to the Liberty Wing is smooth.



Sponsors should help newcomers secure personal transportation.



Sponsors should make every effort to meet newcomers at their point of entry and to anticipate their needs.

Good sponsors contact newcomers

By Maj. Jennifer Hesterman
48th Mission Support Squadron commander

Imagine arriving at RAF Mildenhall at 7 a.m. on a dark, rainy morning. You have just completed a long flight. You have two tired kids, three over-packed bags, and your spouse is exhausted. You enter the terminal and a person approaches you with a bright smile and says, "Welcome to England! I'm your sponsor. My car is right outside - can I help you with your bags?"

What a terrific start to your tour.

First impressions are lasting. Your entire outlook on your assignment may rest on initial experiences.

I have the task of running the 48th Fighter Wing sponsor program, and my goal is simple: make all newcomers feel welcome and a part of our family. This starts prior to arrival through personal contact, building a relationship between the sponsor and the newcomer.

This contact can be through telephone calls, e-mail or the postal system. The welcome continues at the point of entry, whether at the RAF Mildenhall terminal, Heathrow, Gatwick or at the base gates if the person drove here from the continent.

Next, a sponsor needs to meet the newcomer's basic needs: food, shelter and transportation. When a newcomer starts the seven-day INTRO program, a sponsor must keep the lines of communication open. This is typically when house hunt-

ing and car shopping is done, and your advice as an "old hat" to the area is invaluable.

Finally, help the newcomer get situated into the work area by making introductions and facilitating things such as e-mail hookup ahead of their arrival.

I review all sponsor critiques - good and bad. Overall, our wing sponsor program works very well. But, sometimes the sponsor does not take the job seriously and the effect is lasting.

My sponsor secured a post office box for me, but she told me the wrong box number. When I went to pick up my mail, I found that it had all been rerouted. Boxes, Christmas cards and bills took months to arrive. This lack of attention to detail on my sponsor's behalf was frustrating and time consuming.

Other unfortunate people are stranded by their sponsor at an airport in London with no commercial phone numbers to the base.

We do receive nice comments about sponsors and they all have a common thread: "My sponsor took the time to take care of me."

This is a busy wing and we are often pulled in several directions. I hope my fellow commanders would agree with me on one point: the day the newcomer arrives, it is the sponsor's primary duty to take care of them.

I'd like to thank the thousands of people who have been sponsors during the last year. You've done a great job representing the wing and it shows: 99 percent of people surveyed rate their sponsor as "exceptional" or "good." Your efforts have had an impact on the readiness and morale of this wing.



Discover Britain

By Linda Laws
Community relations advisor

*Remember, remember the fifth of November
Gunpowder, treason and plot*

*We see no reason why gunpowder treason
should ever be forgot*

Guy Fawkes' failed treason lives on in British memory

The story of Guy Fawkes and Bonfire Night is a fascinating one, and the fact this most ambitious and cunning plot almost succeeded is quite remarkable.

The year was 1605 and the planned event was the State Opening of Parliament on the fifth of November. The plan, thought up and almost carried out by Guy Fawkes' co-conspirators, was to blow up the Houses of Parliament with gunpowder, killing the reigning monarch, James I, in the process. However, this grand plan was discovered before it was executed and the "Gunpowder Plot," as it is known, never took place. The legacy of this bold act of treason does live on. Throughout the country, "Bonfire Night" will be commemorated in communities on or around Nov. 5, when effigies of Guy Fawkes will be burned in fires. You may also come across youngsters pulling along an effigy, asking for a "Penny for the Guy."

Background

The "Gunpowder Plot" was hatched as a protest to the penal laws, aimed at suppressing Catholics in this country. James I, on his ascension to the throne of England in 1603, was a supporter of the penal laws.

Fawkes was brought up a Protestant, but converted to a Catholic when his mother remarried following the death of his father. Fawkes' childhood was spent in the city of York, but in 1593 he became a soldier of fortune in the Spanish army.

It was because of his military expertise that Fawkes was introduced to the master plan of the "Gunpowder Plot" – up to this point he had no knowledge of the plans. His co-conspirators needed someone with a cool head and a knowledge of munitions to carry out the treacherous deed, and Guy Fawkes fitted the bill admirably.

The plan

Barrels of gunpowder were brought into the basement of a rented property next to the Houses of Parliament. The barrels were hidden under supplies of coal, and the idea was to ignite the gunpowder by using long fuses – this method would allow Fawkes about 15 minutes to make his escape from the building once the fuse had been lit. The biggest problem was to ensure the gunpowder was kept dry so that it would ignite when the time came. The barrels were put in place several months ahead – this was because the opening of Parliament was delayed twice. Fawkes made several checks to see if the plot had been discovered during this time.

The plot is discovered

In 1604, it was hoped that a Spanish remedy might still prevent such drastic measures from being necessary – indeed, the Constable of Castile was on his way to the Court of King James to discuss the terms of a treaty between Spain and England.

The plot probably failed because of an attempt to save one of the members of the House of Lords, Lord Montague, from death. The conspirators aroused suspicion because of the discovery of a letter which was sent to Lord Montague, suggesting he might like to consider being excused from attending the ceremony to open Parliament. A search was carried out, and the plot discovered. Fawkes was found and immediately taken to the Tower of London (remember that very few who entered the Tower of London lived to walk free again!)

Punishment

Fawkes was tortured, but for a long time resolutely refused to name his co-conspirators. His resolve was broken, however, when he was placed on the rack. This instrument of torture stretched the victim's joints by the turning of rollers to which the wrists and ankles were tied. As a result of his crime, Guy Fawkes was hanged Jan. 31, 1606.

To this day, a search of the Houses of Parliament takes place before the official opening ceremony by the monarch.

Community events

The following community events will be taking place on and around Nov. 5th. If your local area is not listed, check in your local community newspaper for details of events.

Bury St. Edmunds - Abbey Gardens - Nov. 1. The event this year is to be combined with a Halloween party, and there will be prizes for children under 11 who have put the most effort into dressing up for the occasion. In addition to fireworks, there will be a fun fair, refreshments and a local radio station will entertain the audience. Gates open at 6 p.m. for 7:30 p.m. start. Cost is £4 for adults and £3 for children.

Long Melford - Melford Hall Park - 8.30 p.m. Nov. 7. Fireworks to music. Tickets cost £3 for adults and £1 for children. There will be a fun fair, flight simulator and local radio road-show.

Ipswich - Christchurch Park - Nov. 1. Gates open at 6 p.m. and the display is at 8 p.m. Tickets cost £4.50 for adults and £3 for children.

Safety notes

- ☐ Fireworks should never be used without supervision, or in areas where there is a danger to property or people.
- ☐ Remember to keep your pets indoors on bonfire night.
- ☐ It's illegal for persons under the age of 16 to purchase fireworks.

For more information on any local communities and events, call me at Ext. 3145.

Volunteers needed

The health and wellness center needs people to be facilitators for "By the Numbers," a program designed to provide people with information so people can make informed decisions about responsible drinking.

Facilitator classes are from 1 - 2 p.m. Wednesday and Nov. 5 in the health and wellness center conference room. To volunteer or for more information call Ext. 2710.

Blood drives

The 48th Medical Group holds blood drives from 8:30 a.m. - 3:10 p.m. every other Thursday at the RAF Lakenheath blood donor. The next blood drive is Thursday. To make an appointment call Ext. 6524.

Sick-call

Sick call hours printed in the Jet 48 last week don't take effect until Nov. 17. Current sick call hours are:

Active-duty sick-call - 7 - 8 a.m. and 12:30 - 1 p.m.

Beginning Nov. 17, sick call hours will be:

Active-duty sick-call - 6:30 - 7:15 a.m. and 12:30 - 1 p.m.

FSC closure

The family support center is closed Monday and Tuesday for rearrangements inside the building. Arrange visits to the family support center and the loan locker before or after these days. Anyone requiring emergency assistance only on those days should call Ext. 3126.

Yuletide bazaar

The RAF Mildenhall Enlisted Spouses' Clubs bazaar committee needs sales recorders

Nov. 15 - 16. Volunteers will be offered baby-sitting, a chance to shop early Nov. 14 and chances to win trips and other door prizes.

For more information on volunteering, call Kathryn Cole at (01638) 510117, or Chantel Lemaster at (01353) 675201.

International relations

Troy State University offers Europe in World Affairs and International Economics this term. Through distance education, courses in American Foreign Policy, Islamic Fundamentalism, and East Asia in World Affairs are also offered. Registration ends Nov. 18. For more information call Dave Pruitt at Ext. 3507.

Scholarship skate party

A scholarship skating party is from midnight Friday - 3 a.m. Saturday at the RAF Lakenheath skating rink. The event is open to adults 20 and older. Cost is \$9 and includes the skating fee and donation.

All profits are applied to scholarships awarded to RAF Lakenheath High School students this spring. For tickets call Kimberly Beck at Ext. 3718 or Kimberly Highsmith at 89-3681. Tickets will also be available at the door.

Health, wellness center

□ An "Ultimate Circuit" trainers class is Oct. 28. The class teaches individuals how to set up and supervise a fitness class tailored to their squadron.

□ The "Ultimate Circuit" workout is 4 p.m. Mondays, Wednesdays and Fridays.

The health and wellness center also offers advice on health, exercise, physical fitness, body fat and cholesterol testing and self-care.

For more information on any of the above call the health and wellness center at Ext. 2710.

Chapel services

Catholic services

Daily Mass

Monday 11:30 a.m.
Tuesday 5 p.m.
Wednesday 11:30 a.m.
Thursday 5 p.m.
Friday 11:30 a.m.

Saturday Mass 5 p.m.
Sunday Mass 9:30 a.m.
Sunday Mass at RAF Feltwell 11:30 a.m.
Religious education classes-Feltwell school cafeteria (Sunday) 10:15 a.m.
Religious educational classes-RAF Lakenheath Elementary School (Sunday) 11 a.m.

Protestant services

Liturgical service (Sunday) 8 a.m.
Shared-faith service (Sunday) 11 a.m.
Gospel service (Sunday) 1 p.m.
Shared-faith service at Feltwell 10 a.m.
Sunday school at Feltwell 9 a.m.
Denominational - Lutheran Wisconsin Synod (First Sunday each month Feltwell) 1 p.m.
Denominational - Assemblies of God Sunday Night Live (Sunday) 6 p.m.
Denominational - Grace Bible fellowship (Sunday at Feltwell) 4 p.m.
(Wednesday at Feltwell) 7 p.m.
Sunday school at Lakenheath Elem. 9:30 a.m.

Islamic services

Islamic Circle Thursdays, 5-6 p.m.
For details, call Maj. Laurence Brown at Ext. 2810

Jewish services

Services are held at the RAF Mildenhall chapel on the first and third Fridays of the month at 6 p.m. The officiating rabbi is Chap. (Maj.) Brett Oxman. Call DSN 238-2822 or (01638) 542822 for details. The RAF Lakenheath Jewish Lay Leader is Capt. Alan Perlman, Ext. 6328.

Orthodox (Christian) services

Call Lakenheath chapel at Ext. 3711 for details.

For emergency

For emergencies during duty hours call Ext. 3711 or the base command post at Ext. 4233 after duty hours. For information on services in the community, call Ext. 3711.

Community Meeting

Tuesday, 11 a.m.

RAF Lakenheath
Officers' Club ballroom



Come get information about upcoming wing events, activities, and services. Featuring community speakers from DODDS, Services, AAFES, and more!

Call Chris Lawson at Ext. 3847
for more information

Family support center

Lakenheath family support center classes are at the family support center unless otherwise noted.

For location, registration and information on programs, call the family support center at Ext. 3847, or stop by building 692.

Living in the United Kingdom: 8-11:30 a.m. Nov. 4 at the base theater.

Volunteer orientation: 10:30 a.m. - noon Nov. 5.

PCS with Ease: 1 - 3 p.m. Nov. 5.

Resume Writing: 1 - 4 p.m. Nov. 5.

Working in the U.K. - Newmarket recruitment: 1 - 3 p.m. Nov. 6.

E-4 and below financial class: 1-3:30 p.m. Nov. 7.

Hearts Apart: 10 a.m. - noon Fridays.

Relationship enrichment: 8:30 a.m. - 4:30 p.m. Nov. 12 - 13.

PCSing with your pet: 7 - 8 p.m. Nov. 13.

Volunteer training - computer e-mail: 10 a.m. - 2 p.m. Nov. 14.

Transition Assistance Program (3½ days): 1 - 5 p.m. Nov. 17 and 8:30 a.m. - 5 p.m. Nov. 18 - 20.

Special delivery: 9 a.m. - noon Nov. 21.

Financial planning for the new year: 2 - 4 p.m. Nov. 18.

Living in the U.K.: 8 - 11:30 a.m. Nov. 18 at the base theater.

Working in the U.K. - British Job Center and Suffolk Careers: 1 - 3 p.m. Nov. 21.

Teen newcomers tour to Cambridge: 10 a.m. - 5 p.m. Nov. 22.

To register for classes through e-mail, forward name, rank (if applicable), squadron, telephone number and number attending to (chris.lawson@lakenheath.af.mil).

What's on at Services

Friday	Saturday	Sunday
<p>❑ Information, Tickets and Tours offers trips to the Robin Hood Pageant or a London Royal Trip today. (Ext. 2979)</p> <p>❑ "Dr. D" disc jockeys from 5 p.m. - 2 a.m. at the Liberty Club (Ext. 3869)</p> <p>❑ Mexican lunch special at the rod and gun from 11 a.m. - 2 p.m. (Ext. 2368)</p>	<p>❑ The auto crafts center holds an all-nighter from 9 a.m. Saturday - 9 p.m. Sunday. (Ext. 2454)</p> <p>❑ The Shepherd's Grove Community Center haunted house and costume contest is from 5:30 - 8 p.m. (89-0269)</p> <p>❑ The Anglo-American flag football tournament is all day. (Ext. 5076)</p>	<p>❑ The Freedom Café sports bar shows football games from 6 - 11 p.m. (Ext. 1601)</p> <p>❑ Family skating is from 2 - 6 p.m. at the skating rink. (Ext. 1627)</p> <p>❑ Sunday Breakfast at the Liberty Club is from 10 a.m. - 2 p.m. and is open to all ranks. (Ext. 3869)</p>

Scary library crafts

Children 3 - 6 can make a Halloween craft from 10 - 11 a.m. and noon - 1 p.m. Oct. 31 at the library. Children can wear costumes. Sign up in advance by calling the base library at Ext. 3713.

Halloween balloon deliveries

The RAF Lakenheath Community Center has Halloween characters delivering balloons on Halloween. Prices begin at \$7.50. Call Ext. 2221 to place an order.

ITT trips

Information, Tickets and Tours highlights the following trips for Halloween: Sinister London Walk - Oct. 30 and Jack the Ripper tour - Oct. 31.

Trips of the month are: Robin Hood Festival in Nottingham - Saturday; Stoke-on-Trent - Nov 11; and a theatreland trip to see "The Complete History of America" by the Reduced Shakespeare Company in London. Call Ext. 2979 for more information or stop by ITT and pick up an October-November tour brochure.

Yoga class offered

The RAF Lakenheath Community Center offers yoga and relaxation classes from 6:30 - 8 p.m. Tuesdays. The price is \$25 for four weeks. Sign up in advance. Call Ext. 2221 for more information.

Pumpkin-carving competition

The arts and crafts center accepts entries for the pumpkin-carving competition Oct. 25 - 28. Carved pumpkins are judged Oct. 29. Categories are: category one - ages 7 and under; category two - ages 8 - 15; and category three - ages 16 and older. Entry is free. For more information call Ext. 2194.

Halloween costume contests

The RAF Lakenheath and RAF Feltwell community centers hold costume contests

Oct. 31. Lakenheath's contest is from 4 - 6:30 p.m. and Feltwell's is from 5-8 p.m. Age categories are: 4 and under; 5 - 7; 8-10; and 11 and up. For more information call the RAF Lakenheath Community Center at Ext. 2221 or the RAF Feltwell Community Center at Ext. 7291.

Ballet instructor needed

The 48th Services Squadron needs a ballet instructor for youth classes at RAF Feltwell. Applicants must have one year's experience teaching children. For more information call Erica Riddle or Geri Beers at Ext. 2232.

Decanter on sale

The 48th Services Squadron sells the 48th Fighter Wing U.S. Air Force 50th Anniversary souvenir decanter at the Liberty and the officers' clubs. Cost is \$29.95 and there is a limited number available. For more information call Ext. 2613.

Upcoming skill classes

The arts and crafts center's upcoming classes include cake decorating, egg crafting, photo album decorating, and rubber stamping. For details call Ext. 2194.

Hip Hop for Teens

Hip Hop for Teens is from 5 - 6 p.m. Tuesdays. Cost is \$3.75 per class and is open to teenagers ages 13 - 18. This class gives teens a chance to learn how to dance, learn the latest moves and meet new people. Call Ext. 3180 for details.

Parent and toddler classes

The youth center has two new classes for parents and children: Danceroics and Tots Tumbling and Basic Movement Class. The Danceroics class is offered from 11 - 11:45 a.m. Wednesdays and is for parents with children 3 - 5. The Basic Movement class is 10 - 10:45 a.m. Wednesdays for parents with children 2 - 5. Cost for each class is \$3.75. For more information call Ext. 3180.

At the movies

RAF Lakenheath

Today

7 p.m. - "George of the Jungle" (PG) Starring Brendan Fraser and Leslie Mann. Join George, Ursula and their animal friends as they fight off poachers and confront dangerous situations.

9:30 p.m. - "187" (R) Starring Samuel Jackson and John Heard. An urban high-school teacher returns to the classroom after a long recuperation from a knife attack by a student. Now, he employs extreme measures when dealing with student problems.

Saturday

4 p.m. - "Picture Perfect" (PG-13) Starring Jennifer Aniston and Kevin Bacon. Life is anything but perfect for Kate, a talented advertising director. She's having trouble getting promoted because she is unattached and without responsibilities. With the help of her best friend, Darcy, she invents a fictional fiancée.

7 p.m. - "Operation Condor" (PG-13) Starring Jackie Chan and Carol Cheng. A secret agent needs to find a fortune buried by German soldiers in the Sahara Desert during World War II. His search takes him from the South China Sea to European capitals while a legion of criminals follow him.

9:30 p.m. - "The Edge" (R) Starring Alec Baldwin and Anthony Hopkins. A model has her rich, but much older, husband come with her to a photo shoot. On the way, their plane crashes in the middle of nowhere and tensions rise as a younger photographer and the jealous husband battle the wilds and their own passions.

Sunday

4 p.m. - "Picture Perfect" (PG-13)

7 p.m. - "The Edge" (R)

Monday

7 p.m. - "Operation Condor" (R)

Tuesday

7 p.m. - "The Edge" (R)

Wednesday

7 p.m. - "The Edge" (R)

Thursday

7 p.m. - "Picture Perfect" (PG-13)

RAF Mildenhall

Friday

7 p.m. - "Spawn" (PG-13) Animated. Six years after his murder, government agent Al Simmons returns to earth as Spawn, a being with supernatural powers who must choose between revenge or saving his loved ones.

9:30 p.m. - "Air Force One" (R) Starring Harrison Ford and Gary Oldman. The president's plane gets taken over on a return trip from Russia. Ford must outwit the terrorists before they kill him, his family and the crew of Air Force One.

Saturday

9:30 p.m. - "Spawn" (PG-13)

Sunday

Movie schedule not available.

Monday

7 p.m. - "Air Force One" (R)

Tuesday

7 p.m. - "Air Force One" (R)

Wednesday

7 p.m. - "Spawn" (PG-13)

Thursday

Movie schedule not available.

Communicators win intramural championship football game

By SSgt. Scott Davis
48th Fighter Wing public affairs

Two touchdown passes by Robert Rodriguez and a stingy defense helped the 48th Communications Squadron hold off 48th Medical Group 12-7 for the base intramural football championship Sunday.

The Communicators, who finished with the best regular-season record at 12-1, rolled into the championship game of the double-elimination tournament with wins over 48th Mission Support Squadron, 12-0, and the Medics, 18-6. The Medical Group, two-time defending champions, defeated 48th Transportation Squadron 18-0, lost to the Communicators, then defeated Mission Support 12-6 to reach the finals from the loser's bracket.

In the first game, the Medics continued their winning ways with a 23-0 shut out of the Communicators. Ricardo Wright scored on a 40-yard run to begin the scoring, and then the defense picked up two more as the Communicators were charged with illegal blocking while the quarter-

back was in the end zone for a safety. Medic quarterback Brian Jackson threw scoring passes to Rob Miller and Calvin Young for the final points.

In the final game, the Communicators took an early 12-0 lead on passes from Rodriguez to Larry Woehl and Robrandon Bee. The Medics fought back with a score of their own as Tony Williams fired a scoring strike to Matt Pring off the half-back option.

After half time, the game belonged to the defenses. The Medics tried for a game-winning drive in the closing minutes, but Jackson was sacked by the Communicator defense on a fourth down play.

"In the first game (the medics) came out fired up," said Woehl, head coach of the Communications Squadron. "We were coming off a three- to four-hour break and we were cold. We were more fired up for the second game."

It was the fourth consecutive year in the championship game for the Medical Group and losing wasn't easy to take.

"It's been hard to swallow," said Randy West, Medical Group coach. "We had



Photo by SrA. Scott Asche

Medical Group quarterback Brian Jackson prepares to pass after evading the rush from Communications Squadron defensive lineman Brian Longstreth during the intramural flag-football championships Sunday.

chances to win, but their defense rose to the occasion when they needed to."

Sports Shorts

Paintball

The rod and gun club holds a day of paintball Nov 1. Cost is \$45 and includes 500 paintballs. Individuals must sign up at the rod and gun club prior to the day and pay a \$20 nonrefundable deposit. Additional paintballs will be available. For details call Ext. 2368.

Youth basketball registration

Registration for youth basketball began Monday. Youths 5 - 18 are eligible for registration. Coaches are also needed. Cost is \$25 for the first child and \$20 for each additional child in the family. A basketball clinic for registered youths is Dec. 22, 23, 29 and 30. For more information call Gary Viscik at Ext. 89-2990.

No-tap tournament

The next bowling no-tap tournament begins at 7:30 p.m. Saturday at Liberty Lanes. Prizes and jackpots are available and nine pins down counts as a strike. For details call Ext. 2108.

'Great Pumpkin Sweeper'

Liberty Lanes sponsors the "Great Pumpkin Sweeper" bowling tournament at 7:30 p.m. Oct. 31. Cost is \$20 per person. The tournament is open to all identification card-holders and their guests. Each player bowls four games with jackpots and prizes for each game. For more information call Ext. 2108.

Intramural team racquetball

The deadline to enter an intramural racquetball team is Tuesday and the season starts Nov. 11. Teams consist of four people - two singles and one doubles team. For more information call SSgt. Jennifer Major at Ext. 3879.

Golf course specials

The golf course is running two specials. The first is a five-round punch card. Cost is \$32 for E-1 through E-4s and \$40 for E-5s and up. The second special is a beginners' package.

For \$79.95, a beginner gets three lessons, three rounds of golf, three rounds of club

rentals, 10 buckets of range balls and \$20 off a set of clubs, if purchased. For more information call Ext. 2223.

Golf instruction

The golf course has instruction from 5:30 - 7:30 p.m. Tuesdays and Thursdays for identification card-holders 16 and older. Cost is \$5 and includes all the range balls you can hit. Call Ext. 2223 for details.

Golf pro-shop specials

The golf pro shop offers the following specials until Oct. 31: 10-percent off ladies clothes and Ryder Cup clothes. For more information call Ext. 2223.

Climbing at youth center

The youth center offers climbing classes for the "Radical Rock" from 5:30 - 6:30 p.m. Tuesdays. Cost is \$3 per session. Open climbing is available from 5:30 - 9 p.m. Thursdays for those who have taken four climbing classes. Cost is \$3 per session. To sign up call Ext. 3180.